

Holistic Horsemanship & Equine Assisted Learning

Info Sheet

STUDENT SAFETY:

Attire

- Students are required to wear an Equestrian helmet when working with or riding the horses
- Long pants are preferable for comfort and to avoid minor skin irritation. Please dress for the weather - snow gear, rain gear, gloves, etc.
- Students must wear a heeled, slip off boots when riding, or are asked not to use the stirrups, and must wear appropriate footwear at all times (no sandals, soft shoes, etc).

Arena Rules

- No shouting, smoking, spitting, throwing, hitting, arguing, or other dangerous behaviours.
- No drugs or alcohol, or persons under the influence of such substances.
- Students with ANY contagious illnesses are asked to stay home and reschedule.
- Students with any illnesses causing drowsiness or impairment are asked to reschedule lessons.
- Students with significant previous or current serious injuries, illnesses, or differing abilities may be required to have a Physician Referral Form signed by their doctor before participating.

Weather

Lessons are held outdoors and are weather and ground condition dependant. We will cancel if conditions are unsafe or uncomfortable. Some conditions where that will be likely are:

- Heavy rains, high winds, hail, thunder & lightening, and certain types of snow.
- The ground is icy/slippery to the point of danger, or driving conditions are hazardous
- Temperatures above 25-30°C (depending on activities), and temperatures or windchill temperatures below -7°C (we may continue in slightly colder temperatures if agreed upon by the student/parent & instructor)
- Air Quality is in the High Health Risk Category.

PAYMENT:

Payment for scheduled lessons is due in full at the beginning of each seasonal session, except during the winter where we go on a lesson by basis due to the unpredictable weather and driving conditions.

We accept Cash, Cheque (make payable to Holli Smith), and Interac e-transfers sent to wellness@intotheelements.ca OR bluestarequines@gmail.com.

CANCELLATIONS:

If a lesson is cancelled by us, the lesson will be made up to students at a later date or a credit will be held for the following seasonal session.

If a lesson is cancelled by a student 24 hours prior to the lesson time, it may be rescheduled without forfeiture of fees. If a lesson is cancelled by the student with less than 24 hours notice, half of the lesson fee will be forfeit. If a student does not show up for a scheduled lesson or cancels within a couple hours of the lesson start time, the lesson fee will be forfeit.

FOR SAME DAY CANCELATIONS CALL OR TEXT 250-392-0805.

The instructor or student may stop lessons without notice, or in the middle of a lesson, if there are factors that can cause unsafe conditions, i.e. extreme weather conditions, changes in rider or horse fitness.

LESSON CONSIDERATIONS:

~The instructor(s) has the final say on if the student is fit to ride, and if horses are fit to be ridden, as well as how and when a student will progress, and to what stage. Students will not be asked to do anything that makes them uncomfortable.

~Parents/Guardians/Program Leaders are welcome/encouraged to stay and watch lessons and give input. However, if parents/guardians pressure students to preform task that will compromise student or horse safety, instructor(s) will have the final say on how the lesson will continue to ensure overall safety.

Thank you for participating in these programs!